

Summer Intensive Boot Camp 2020



Welcome to South Fulton Studios 2020 Dance Boot Camp,

We look forward to giving your dancer a taste of Ballet, Jazz, Hip Hop, Acro/Tumbling and More. Our goal is to provide the basic foundation for each type of dance every week. They will learn the technique dance history at the beginning of the week and choreography towards the end of the week. They will start performing every Friday on the 2nd week of camp. We look forward to our dancers building a positive relationship with other dancers and creating an experience they will always remember.

Week 1 - Intro into Dance/Ballet

Week 2 - Lyrical

Week 3 - Jazz

Week 4 - Hip Hop

Week 5 - Acro/Tumbling

Week 6 - Recap & Final Performances

Field Trips: Duncan Pool, Skating, Movies, Get AIR, Glamorous Touch Studios, Library

EVERYDAY CHECKLIST

Water Bottle filled with Ice & Water

Sunscreen

Tennis Shoes

Dance Shoes

Composition Notebook- Keep at Studio

Light Fleece Blanket - May keep at Studio, take home on Friday

*** No need for large bags or suitcases. Please minimize size of bags**

ATTIRE

- **MONDAY- THURSDAY** Red Tank Top & Black leggings or shorts
- **EVERY FRIDAY-** All Black

Friday Performances Time: 5:20pm at Fairburns Farmers Market Events

For additional Questions please contact Ms. Jackie 770-892-7157 or 404-983-2684

SUMMER CAMP UNIFORM BUNDLE PRICE

Summer Camp Full Package \$85 - \$95

Includes

- 1 Camp T-Shirt \$20-\$25
- 1 Camp Tank Top \$15 -\$25
- Black Leggings \$20-\$25
- Pink Ballet Shoes \$20
- Black Jazz Shoes \$30

**Camp T-Shirt Funds will be due the FIRST day of summer camp.*

SFS Summer Camp Daily Schedule 8:00am-5:30pm

8:00am-9:00am Welcoming & Dance Composition

9:00am-10:00am Outside Conditioning/ Warm Up

10:00am-12:00pm Dance Instruction

12:00pm-1:00pm Lunch

1:00pm-2:00pm Reading Hour/ Relax Time

2:00pm-2:45pm Outside

2:45pm-3:15pm Snack

3:15-5:15 Dance Instruction

5:15-5:30 Debrief

****Late Fee: \$1/min starting at 5:35pm***

Studio Directions

- **DO NOT** LEAVE THE STUDIO WITHOUT TELLING OR ASKING A TEACHER.
- **DO NOT** PASS THE DESK WITHOUT AN ADULT
- **DO NOT** GO TO THE RESTROOM WITHOUT ASKING A TEACHER
- THE STUDIO IS OUR HOME, TREAT IT WITH CARE. **CLEAN UP AFTER YOURSELF!!**
- REMOVE ALL OF YOUR BELONGINGS FROM THE CLOSET AT THE END OF THE DAY. **JUST YOURS!**
- **INSIDE VOICES AT ALL TIMES!**
- **CARTWHEELS, FLIPS, OR ACRO/TUMBLING MOVES ARE NOT TO BE DONE WITHOUT TEACHER'S INSTRUCTIONS!**
- COME TO CLASS PREPARED! BRING YOUR CLOTHES AND SHOES!
- **NO ATTITUDES, NO DIVA MOMENTS, AND NO BACK TALK!**
- **NO EATING AWAY FROM A TABLE**
- **NO ELECTRONIC DEVICES ARE TO BE OUT DURING INSTRUCTIONAL TIME**
- **KEEP YOUR HANDS, FEET, AND BODIES TO YOURSELF**
- **ALWAYS TRY YOUR HARDEST! EFFORT IS BETTER THAN PERFECTION**
 - **HAVE FUN!!!**

Donation List **Help SFS keep Cost Low**

- Paper Towel
- Tissue
- Hand Soap
- Hand Sanitizer
- Paper Plates
- Composition Notebooks
- Pencils

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TRIP SCHEDULE & PRICES

Duncan Pool **\$6** x 4 Trips Total **\$24**

Bowling **\$10**

Skating **\$11**

Movies **\$ 9**

Get AIR Fayetteville **\$15**

Glamorous Touch Studios **\$8**

Library **FREE**

TOTAL Cost : \$ 77